



## Major Changes in the 2022-2023 STAR Events Guidelines

The following is a listing of the major changes in the 2022-2023 Competitive Events Guides. It is in no way inclusive and participants and advisers should continue to read the event rules carefully to ensure eligibility and successful event completion and presentation.

The **Competitive Events Guide** has now been divided into four different documents. The documents are available to members and advisers through the FCCLA Adviser and Student Portals under the “Resources” tab.

-FCCLA Knowledge Matters Virtual Business Challenge Simulation Guidelines

-FCCLA/LifeSmarts Knowledge Bowl Guidelines

-Skill Demonstration Events Guidelines

-STAR Events Guidelines

These resources, provided for members and developed with funds from membership dues, are available to advisers and members through the FCCLA Adviser and Student Portals. The Competitive Events Guides will only be available to affiliated chapters and members beginning November 1.

### STAR Events

The following events have been updated to reflect changes per level (scaffolding) as submitted by state associations. These events have multiple revisions in addition to updated rubrics. Please be sure that members understand their level of competition (1, 2, 3 or 4). They are:

- Chapter in Review - Display
- Chapter in Review - Portfolio
- Chapter Service Project - Display
- Chapter Service Project – Portfolio
- Interpersonal Communications
- Digital Stories for Change
- FCCLA Chapter Website
- Instructional Video Design
- National Programs in Action
- Leadership
- Parliamentary Procedure
- Promote and Publicize FCCLA
- Teach or Train

- **Name Changes** – The following events had minor name changes
  - Teach and Train is now Teach or Train
    - This event has always specified that members either choose to teach or train, they do not do both.
    - Regional, state and national competitions should **not** dock points if a competitor accidentally puts “Teach and Train” on their project.
  - Promote and Publicize FCCLA! Is now Promote and Publicize FCCLA
    - We removed the (!) as there was no official reason to need it.
- **Dress Code** – Professional attire is no longer permitted. The official FCCLA dress code or costumes (when applicable) are only acceptable.
- **FCCLA Planning Process** – Rubrics have been updated to reflect the Planning Process being worth 10 points compared to the previous 5 points (when applicable).
- **Leadership** – To add more substance to the Leadership STAR Event, a book component has now been added. A rotating list of suggested leadership books will be available on the FCCLA Portal.
- **Point Summary Form**- The following point adjustments have been made.
  - Registration Packet – 1 point (previously 3 points)
  - Event Online Orientation – 1 point (previously 2)

## **Skill Demonstration Events**

Skill Demonstration Events will return to in person this year. The rotation schedule for Skill Demonstration Events is available on the website and in the Skill Demonstration Events guidelines. We will still offer the Online Challenge Events that take place prior to NFC, but are recognized during NFC. Those who compete in an Online Challenge Event still have to register for NFC.

## **FCCLA/LifeSmarts Knowledge Bowl**

Knowledge Bowl will return to in person this year during NFC. Teams still need to take the test to determine the top 40 prior to NFC. Please refer to the Knowledge Bowl Guidelines (in the Portal) for more information.

***Please read event rules carefully to ensure eligibility and receive the highest possible points.***

***For additional clarification of any of the rules in any of the Competitive Events Guides, please email [competitiveevents@fcclainc.org](mailto:competitiveevents@fcclainc.org)***